

Psalm 1 Adventure



Use your compass to find North
What can you see in that direction?
Talk to God about what is to the North of you

Today you'll need:
- your compass
- your journal and pens / pencils
- a camera/phone
- your people!

This Psalm is all about making choices.
Before you set off, make some decisions and plan your route (or destination) together and then stick to it.
Use your journal to draw, doodle and reflect whilst out or when you get home

Verse 3 "That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither - whatever they do prospers."
?? How do you be like 'a tree planted in a stream'?
?? What fruit has God been growing in you, in this season?
Ask everyone with you to share their thoughts
[HINT: this is a great opportunity to encourage and call out the 'fruit' you see in each other]

What would you choose?
Chat together about your choices
Watch TV or read a book?
Breakfast: Toast or Porridge?
Go to a tropical beach or a snowy mountain?
Pizza topping: pepperoni or prawns?
Would you rather fly or breathe under water?

CAN YOU SPOT A STREAM OR RIVER?

FLOAT A LEAF OR STICK IN THE WATER

CAN YOU SPOT ANYTHING LIVING OR GROWING BY THE WATER?

Verse 1 "Blessed is the one who does not walk in step with the wicked"

On your adventure, notice the paths you're NOT taking

How many different kinds of leaves can you find?
Can you find any 'fruits' or seeds?
Try sketching some in your journal.
Talk to God about the fruit you'd love to see Him grow in your life

As you walk, pick a leader
Can you keep in step with them?
If they speed up, you speed up
If they stop, you stop
?? What does it look like to keep in step with God?
Get everyone with you to share their answers

Ask God to talk to you about the plans and paths he has prepared for you

Talk to God about any poor choices you've made recently

WEEKLY PHOTO CHALLENGE
Take a pic on the theme of "choices"

